NEGATIVE COMMENTS FROM PHYSICIANS DON'T HELP

From katie, Age 13 - 08/13/08
Ht. 5'2", Start: 402 lb, Current: 402 lb, Goal: 130 lb - i have a big problem my peditrician said if i gain more i can die my mom started sobbing when she said this so did i … **at the doctors they took me to a different part as the scale in the kids area didn't go high even that was emmbarrising.**

From Katie, Age 12 - 05/26/03
Help! i am the fattest pig ever ! **i weigh 247** and **i am only 12** almost 13 **my doctor picks on me! he said that i could lose some weight and then he says at least you'll stay warm in that winter with all that flubber!** oh was i mad so i starved imyself down to a 213 and then i always got dizzy ! help me so bad i am fatter than the eqautor help me i am a blob of usless ness

Reply from Ray Ray, Age 12 - 05/29/03
Hey Katie. I weigh about the same as you **I'm 5'6 230 pounds**. I know what you mean when you say your doctor makes comments...mine does too. **my doctor will outright tell me that I am fat.**

From Michelle, Age 13 - 10/16/07 -
Ht. 5'8", Start: 227 lb, Current: 219 lb, Goal: 140 lb - tia i am mad with myself… i want to play soccer but im to fat i get out of breath running in my house ahhhh!!!
most of the other girls are like 16 or older who weigh 200 something not me 13 and **im sick of being judged** for being this size **even my doctor(the skintyest man on the earth)judges me** im sick of every thng about being fat

Reply from Amanda, Age 19 - 6/24/08
yeah **doctors can be a pain in the a**. i dont know whether theyre hard on us to motivate us to lose weight, or because theyre giant arseholes**. either way, i like to think its for our own good. but he should be really pleased with what youve done…

As the above posts relate, healthcare providers need to be sensitive to how they approach the weight topic and what they say.

Are we healthcare providers good role models?

From Rae, Age 13 - 4/19/05
Hey everyone! I am **13 years old I"m 4' 9" and I weigh 143 pounds!** My BMI is 30.9. … **My doctor told me I need to loose 12 pounds** but I've gained one pound. So now I need