

Why do kids struggle so much to lose weight?

What's really causing the childhood obesity epidemic?

What should be done to prevent childhood obesity?

How should overweight in childhood be treated?

What do overweight kids say about their parents?

What do overweight kids say about their health professionals?

Why is overweight kept a secret?

Are food companies to blame for the childhood obesity epidemic?

What motivates kids to lose weight?

Does healthy eating information help overweight kids?

What have kids found successful for losing weight?

What should be done on a policy level to deal with the causes of the childhood obesity epidemic?

OVERWEIGHT

~ What Kids Say ~

- Learn what tens of thousands of overweight kids say in 130,000 messages on website bulletin boards
- Information not collectable by face to face research
- For parents, clinicians, educators, & policy makers



Dr. Robert Pretlow graduated with honors from Princeton University and received his MD from the University of Virginia Medical School. He is board certified in Pediatrics and also has an MS in electrical engineering. He lectures frequently on overweight in children and teens and use of the Internet in medicine. He is founder and director of Weigh2Rock, an online weight loss system for teens and preteens, used by clinics, schools, private practitioners, hospitals, community centers, and health clubs, worldwide. Dr. Pretlow may be contacted at: director@weigh2rock.com or 206-448-4414.

ISBN: 1-4392-4434-0
EAN: 9781439244340

